

# Schladming Tauern High Trail

5 days filled with Alpine summits, lakes and alpine adventures.



## SCHLADMING

IN THE HOLIDAY REGION **SCHLADMING**DACHSTEIN

5 days filled with  
alpine summits, lakes and mountain adventures

## Schladminger Tauern Höhenweg The „High Trail“

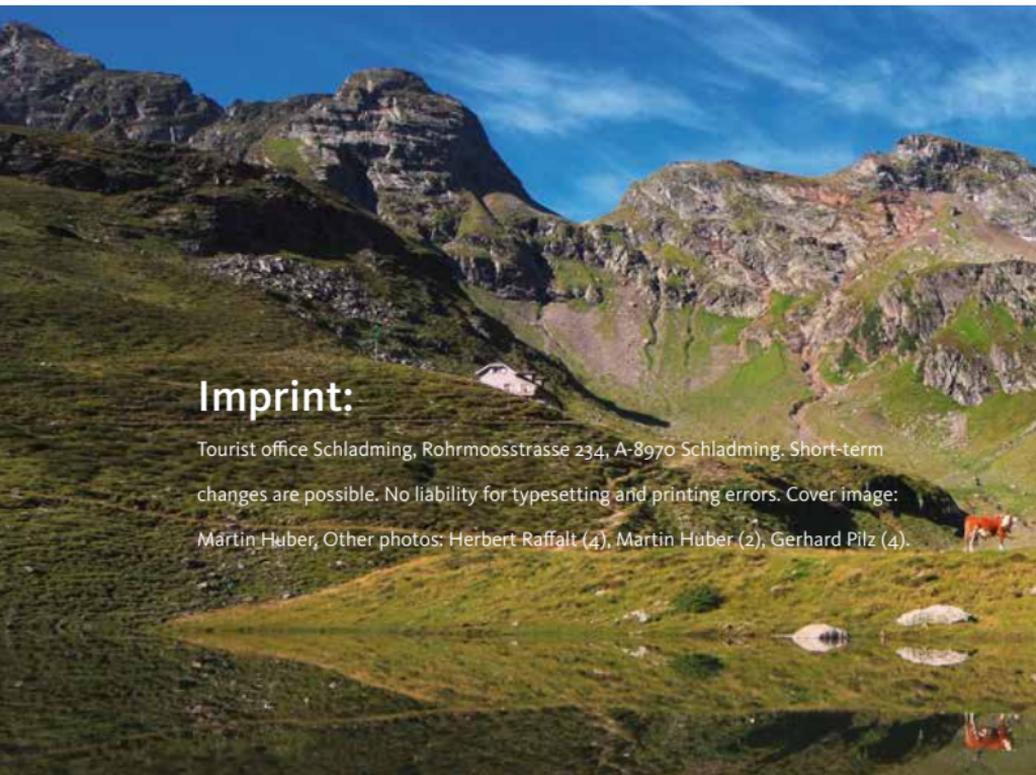
Running along the summits and ridge lines of the Schladminger Tauern mountains are numerous high trails, which together form a trekking tour known as the “Schladminger Tauern Höhenweg”. This, in turn, represents part of Central Alpine Trail No. 02.

In total, the Schladminger Tauern Höhenweg covers a distance of 70 kilometers in 7 different stages. The somewhat shorter 5-day tour spanning 45 km follows mountain trails flanking the Obertal and Untertal valleys of Rohrmoos, taking hikers on a broad loop from the Hochwurzten in Rohrmoos to the Planai in Schladming. It is also possible to enjoy the tour in the reverse direction – starting out on the Planai.

Lying in between are 5 stages along paths which, in some cases, look back on a long and fascinating history, with numerous summiteering adventures, breathtaking panoramas, friendly and inviting huts along the way, here

### Imprint:

Tourist office Schladming, Rohrmoosstrasse 234, A-8970 Schladming. Short-term changes are possible. No liability for typesetting and printing errors. Cover image: Martin Huber, Other photos: Herbert Raffalt (4), Martin Huber (2), Gerhard Pilz (4).



amid an Alpine world teeming with an abundance of water in every form.

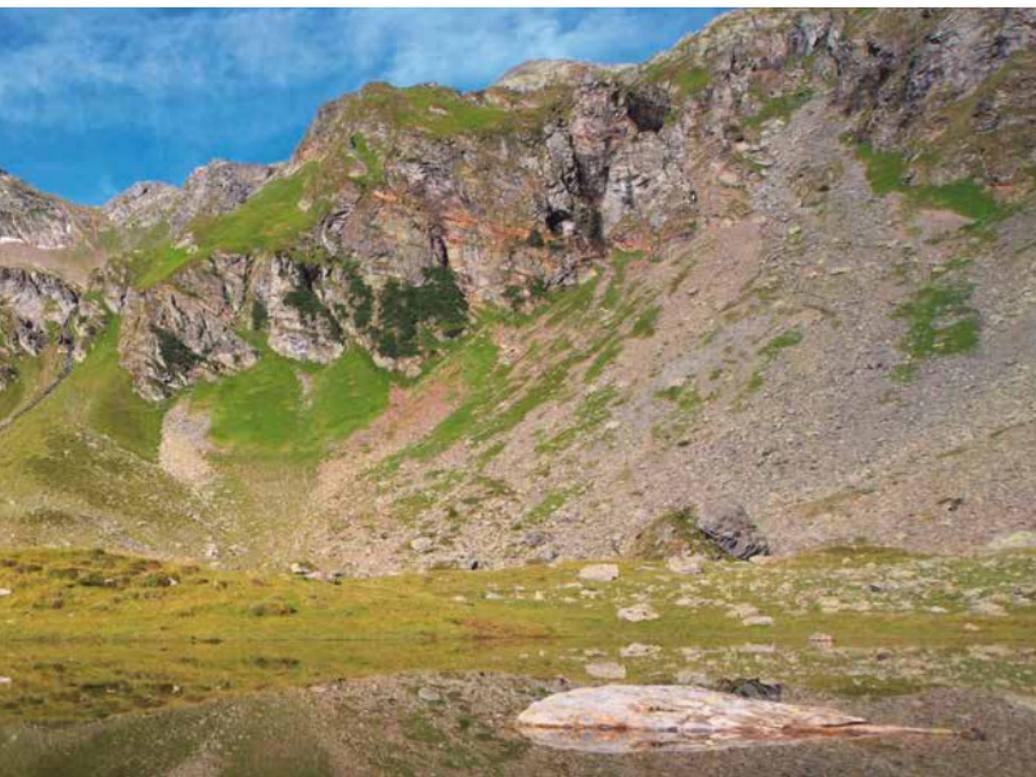
### **Package: Schladminger Tauern High Trail**

Designed to accompany the 5-day tour of the Schladminger Tauern Höhenweg, Schladming Tourist Office has put together an especially attractive package. In addition to 4 nights at mountain huts, the package also includes 3 nights at accommodations in the valley – along with all the fantastic benefits of the Schladming-Dachstein Sommercard.

**Further details about the package can be found on pages 14 and 15.**



*The cameras shown on elevation profiles indicate photo points where the pictures featured in the brochure were taken.*



**Starting point:** Hochwurzen, elev. 1,850 m

**Finish:** Ignaz Mattis Hütte, 1,986 m or  
Giglachsee Hütte, 1,956 m

The starting point for the 5-day tour is the Hochwurzen summit lift in Rohrmoos, easy to reach by riding the hiking bus operated by the Planai-Hochwurzen lift company. When you book the package offered by the tourist office, the hiking bus as well as the ride up on the gondola lift are both included with the Sommercard.

The Hochwurzen summit lift will bring you up to the Hochwurzen Hütte (**when booking the package, you will be able to pick up the first day's pack lunch here**). Now via the Kleine Wurzen and Hüttecksattel, you will hike to the top of the Rossfeld. Continue on to the Latterfußsattel, and from there you will hike up the scenic Guschen (elev. 1,982 m).

Now, keep following path No. 773, with several up- and downhill sections, taking you past the Hochfeldmandl (a small cairn below Hochfeld summit) and just below the striking crest of the Schiedeck. Now past Klammsee and Brettersee tarns, which will ultimately bring you to the **Giglachsee Lakes**.

As far as overnight lodgings are concerned, you can choose from the Giglachsee Hütte (1,956 m) on the western end of the Upper Giglachsee Lake, or the Ignaz-Mattis-Hütte (1,986 m), located above the Lower Giglachsee Lake.

### Infobox

Distance		11.3 km
Duration		6 hrs
Ascent		830 m
Descent		720 m
Level		medium

### Trail type

Path (10.2 km)	
Dirt road (1.1 km)	

## Special Highlights

- ✦ Rossfeld and Guschen with summit crosses and glorious scenic views
- ✦ Klammsee, Brettersee and Giglachseen Lakes for pleasant refreshment breaks.
- ✦ The path runs practically in its entirety along ridge lines, treating you to wonderful views.



**Starting point:** Ignaz Mattis Hütte, 1,986 m or  
Giglachsee Hütte, 1,956 m

**Finish:** Keinprechthütte, 1,872 m

At the beginning, you will hike as far as the eastern end of the Lower Giglachsee where, at the lower end of the cirque – towards the south – you will branch off on paths 702 or 775 in the direction of the Rotmandlspitze and Keinprechthütte.

Your hike now continues to the **ruins of historical miners homes** – the Schladminger Tauern were actually teeming with mining activity until the 19th century. Evidence still exists in the form of these old miners' houses as well as at the nickel smelter in nearby Obertal, which has been turned into a museum.

The trail leads across fields of scree, taking you through a series of steep switchbacks to the summit of the **Rotmandlspitze** (2,453 m), where you can enjoy views of the Giglachkar and Duisitzkar alpine cirques. The numerous lakes in this area feed into the streams and rivers of **"Wild Waters"** in Rohrmoos' Obertal Valley. Below the Sauberg, you will cross to Kruckeckscharte gap, from where a series of switchbacks lead you to the broad Neualmkar and your destination, the **Keinprechthütte** (1,872 m).

#### Infobox

Distance		5.9 km
Duration		4 hrs
Ascent		530 m
Descent		620 m
Level		medium

#### Trail type

Path (5.8 km)	
Dirt road (0.1 km)	



## Special Highlights

- 🦋 In early summer, the hillsides of the Giglachkar are covered in rhododendrons (“Almrausch”).
- 🦋 Historical miners' housing in Vetternkar.
- 🦋 Summit adventure on the Rotmandlspitze with view of the picturesque Duisitzkar and the fjord-like Giglachkar.



**Starting point:** Keinprecht Hütte, 1,872 m

**Finish:** Gollinghütte, 1,651 m

From the Keinprecht Hütte, you will ascend above the Neualmkar in a broad curve leading to the Trockenbrotscharte (elev. 2,237 m). In early summer especially, the mountainsides covered with rhododendrons (“Almrausch”) are a truly memorable experience.

After a brief descent to the **Landawirseehütte**, you will hike from the Göriachwinkel up to the Gollingscharte (2,326 m). Hikers who are in good condition can make a side trip from the Gollingscharte up the **Hochgolling** – you should schedule in about 3 to 3.5 hours (out and back) for the additional 540 meter gain.

From the Gollingscharte, you will hike down to the **Gollingwinkel**, where you will find yourself in a natural amphitheater right at the foot of the mighty north face of the “Golling”. From there it is just a few minutes to the **Gollinghütte**.

### Infobox

Distance		9.1 km
Duration		6 hrs
Ascent		960 m
Descent		1,180 m
Level	medium/demanding	

### Trail type

Path (7.5 km)	
Dirt road (1.6 km)	



## Special Highlights

- ☞ Trockenbrotscharte with views stretching from Obertal to Göriachtal.
- ☞ Gollingscharte gap, on the highest mountain in the Niedere Tauern – the Hochgolling (2,863 m).
- ☞ “Place of the Gods” Gollingwinkel – natural amphitheater at the foot of the north face of the Hochgolling.



**Starting point:** Gollinghütte, 1,651 m

**Finish:** Preintaler Hütte/Waldhornalm, 1,656 m

From the Gollinghütte, a series of several serpentines leads steeply uphill to the Greifenbergsattel and the **Greifenberg** (2,618 m) – undoubtedly one of the most scenic mountains in all of the Niedere Tauern mountain range.

After a much-deserved break, you will begin a short descent into the high-alpine landscapes of the **Klafferkessel**. The lake plateau of the Klafferkessel is a relic of the last Ice Age and impresses with its special alpine flora. The Klafferkessel teems with water unlike any other area in the Alps, the core natural resource feeding **“Wild Waters”** in Rohrmoos’ Untertal Valley.

Passing the striking rock formations of the **Greifenstein**, you will hike from the Klafferscharte through the Lämmerkar cirques to the **Preintalerhütte** and **Waldhornalm**.

### Infobox

Distance		7.7 km
Duration		6 hrs
Ascent		1,030 m
Descent		1,030 m
Level	medium/demanding	

### Trail type

Path (7.7 km)	
Dirt road (0.0 km)	



## Special Highlights

- ☞ Greifenberg summit (2,618 m) with memorable views of the Hochgolling and its mighty north face, as well as the lakes of the Klafferkesel.
- ☞ Klafferkesel – a plateau home to more than 30 alpine tarns.
- ☞ The striking and photogenic Greifenstein close to the Klafferscharte.
- ☞ The imposing backdrop of the Waldhorn (2,702 m) as you hike down through the Lämmerkar cirques.



**Starting point:** Preintaler Hütte/Waldhornalm, 1,656 m

**Finish:** Planai gondola mountain terminal,  
1,828 m

From the Preintaler Hütte or the Waldhornalm past the amazing scenery of the **Hochwildstelle** (2,747 m) and along the Höfersteig trail to the Neualm – an unstaffed mountain hut.

From here follow path No. 781 in the direction of the Planai. In about 1 hour you will reach the **Kaltenbach** trail crossing (2,040 m). Hikers with good stamina can make a detour from here to the top of the **Höchstein** (2,543 m), later returning to the Planai High Trail. If this appeals to you, you should reckon with an additional ca. 2.5 hours round trip along with 350 vertical meters.

Along the summits of the Ulmspitze, Hasenkarspitze, Sonntagerhöhe and Krahbergzinken, you will finally reach the **Planai**, Schladming's most famous local mountain. From here, enjoy a comfortable ride on the gondola lift back down to the center of the mountain town. When you book the package, the valley ride on the gondola is included with your Sommercard.

If you still haven't had your fill of hiking, however, you can always make your way into town down one of the numerous hiking paths that are available.

### Infobox

Distance		11.8 km
Duration		6-7 hrs
Ascent		1,125 m
Descent		955 m
Level		demanding

### Trail type

Path (11.6 km)	
Dirt road (0.3 km)	

## Special Highlights

- Neualm and Kaltenbach with marvelous views of the Riesachsee Lake and the Steinriesental.
- Substantial portions of the path run along the ridge-line and treat you to wonderful views.
- Planai summit is surrounded by numerous attractions: a high-ropes center, “Hopsiland”, a scenic hiking loop and the start of a downhill mountain-bike trail are all located close to one another.



## An unbeatable package

1 week full of mountain adventures in Schladming

Designed to accompany the 5-day tour of the Schladming Tauern High Trail, Schladming Tourist Office has put together an especially attractive package. In addition to 4 nights at mountain huts, the package also includes 3 nights at accommodations in the valley – along with all the fantastic benefits of the **Schladming-Dachstein Sommercard**.

### Package Details

The Schladming Tauern High Trail package begins with one overnight including breakfast and Sommercard at a private B&B (with option to upgrade to a 3- or 4-star hotel) in the valley. The **pack lunch** for Day One on the Schladming Tauern High Trail can be picked up at the Hochwurzenthütte (or, if you are hiking in the opposite direction, at the Schladmingerhütte).

During the 5 hiking days out on the Schladming Tauern High Trail, you will spend your nights at 4 different refuge huts in the Schladming Tauern mountains, with breakfast and pack lunch included at each. After the last stage - the Planai High Trail – you will be able to enjoy 2 additional nights at the B&B (or hotel) in the valley, once again with all the benefits of the Schladming Dachstein Sommercard.



## All details at a glance

- ☞ To start out, 1 night at a private B&B in the valley, incl. breakfast and Sommercard.
- ☞ Your pack lunch for the 1st stage can be picked up either at the Hochwurzen Hütte or Schladminger Hütte
- ☞ 4 nights at mountain refuge huts, incl. breakfast as well as pack lunch for the day ahead.
- ☞ In conclusion, 2 nights at a valley B&B incl. breakfast and Sommercard.
- ☞ Free ride on the Hochwurzen summit lift and the Planai gondola
- ☞ All benefits of the Schladming-Dachstein Sommercard
- ☞ Hiking Kit consisting of a hiking map and guidebook

**from € 259.00**

Price per person incl. local tourism taxes and breakfast;

Prices for valley accommodations are per person based on double occupancy.

## Possible Extra

- ☞ Hikes accompanied by a professional, certified mountain guide (prices upon request)

## Booking Contact

and other package offers from Schladming

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Fax +43 (0) 3687 227 77-52

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### Other Offers

The package to accompany the Schladminger Tauern Höhenweg is just one of many available through the Schladming Tourist Office. Other top offers include:

-  Vertical Mountaineering Festival Package  
[www.vertikale.at](http://www.vertikale.at)
-  Hiking without Luggage - see below

Multi-stage hike over several days, luggage transportation included

## Dachstein-Tauern Panoramic Trail 100

Your individual package at [office@schladming.com](mailto:office@schladming.com)

5-day  
package  
from € 300,-

[www.schladming-dachstein.at/](http://www.schladming-dachstein.at/)  
[wandern-ohne-gepaeck](#)



## The 10 Hiking Commandments

1. Never take a hike in the mountains without careful planning. Obtain lots of information in advance about what to expect during your tour: trail conditions, hazards, potential difficulties etc.
2. Are you in the right physical condition to tackle the hike? Remember, you have to be in shape before you head into the mountains, and not expect to get into shape after you get there.
3. Bring along the right equipment. Don't carry anything unnecessary, but don't leave things at home you might need in an emergency either.
4. Obtain the latest information about weather conditions. Never feel bad about interrupting a tour for safety reasons.
5. The walking tempo of the group as a whole has to be based on the pace of the slowest member. Only continue after a break if the slowest hiker has had plenty of time to rest.
6. Take regular breaks, eat and drink frequently.
7. How to behave around animals? Never leave the marked paths, respect the animal habitats, grazing areas and plants.
8. Emergency equipment (first-aid kit, signal whistle, mobile phone) must always be with you.
9. If you are hiking alone: Be certain to let someone know your route and when you expect to return.
10. If something happens, try to remain calm and keep your wits about you. If in doubt, call for help. In emergencies dial **140 (mountain rescue)** or **Euro Emergency No. 112**.

## Important information

About hiking safety, gear, lift hours etc.

Rapid changes in weather and temperature, thunder storms, wind, fog and snow fields represent a concrete danger and demand you behave appropriately out on trail. Your hut hosts know the mountains well and can give you good tips about the weather and trail conditions. Lack of appropriate gear, overestimating your personal abilities, recklessness and poor physical condition can all lead to critical situations. In thunderstorms, you must do everything you can to avoid summits, gorges and fixed-cable stages!

**Dial 140:** for alpine emergencies – Austria-wide

**Dial 112:** Euro emergency GSM service

For multi-day tours in alpine terrain, good physical condition as well as experience in alpine terrain are essential. In late summer especially, it is very important to pay close attention to weather conditions. We highly recommend that, before starting out on your tour, you check in with the Schladming Tourist Office for an update on the latest weather situation!

### Lift Schedules

The Hochwurzen summit lift and Planai gondola generally run throughout the Sommercard season (end of May until mid-October). Precise information – including daily hours of operation – can be found on the website of the Planai-Hochwurzen lifts.

[www.planai.at](http://www.planai.at)

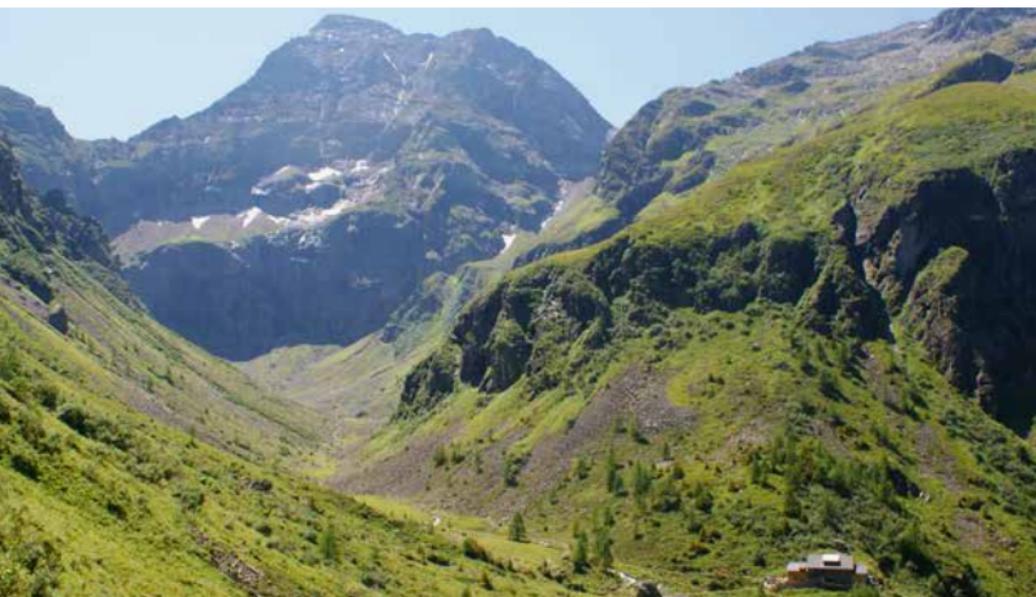
## Equipment

A good rucksack is very helpful, while headwear, gloves, a good jacket and pants should be included in your basic gear. Good waterproof shoes, sunglasses, sun block and plenty to drink are essential. You should also include a flashlight, maps, knife and a small first-aid kit. Especially when it comes to multi-day hikes, keep what you are carrying as compact as possible, so that it is easy to carry even over the course of several days.

## The alpine emergency signal

Within a one-minute period, give a signal six times at regular intervals (ca. every 10 seconds). This signal can be visual (by flashing your torch or waving a piece of clothing, for example), or audible (with a whistle, shouting etc.). After signaling six times, wait for a minute.

If you become aware of someone making an emergency signal, respond with your own, this time 3 signals at 20-second intervals for a minute. At this point, begin your rescue efforts.





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